

## Patient Program Information Assisted Living Services for High-Risk Seniors

When illness or disability increases your dependency on others for support, there may be questions about whether you can still manage to live independently in your own home.

The Assisted Living Services for High-Risk Seniors program supports eligible seniors to live independently for as long as possible by providing them with community-based services.

Regardless of where you live, this program can deliver personal support services when you need them: scheduled during the day, evening or overnight, with on-call support available 24/7. Since the program is publicly funded, there is no cost to you.

## What services are included?

Based on your unique needs, the community service agency will work with you to find the best mix of services for you and schedule the services when you need them most. Services include:

- Help with everyday activities, including personal care like washing/bathing, light housekeeping and more
- Daily safety and reassurance checks, by phone or in person, as needed
- Access to program staff 24/7, in case an urgent situation arises.

## How do I know if I am eligible?

Your care coordinator will work with you and your family to determine your eligibility. Services are currently available to individuals aged 65 or older who meet the following criteria:

- Live in one of the program's designated areas and in their own home, apartment building or seniors' residence. Please note: if you live in a retirement home, you are ineligible for the program
- Demonstrate a need for daily access to personal support and/or attendant services over a 24-hour period (may or may not require homemaking services)
- Are able to direct their own care, or have a substitute decision-maker or live-in caregiver to direct care
- Are able to communicate their needs, with or without aides
- Are medically stable
- Pose no risk to themselves or others
- Meet the criteria above and may or may not have an existing long-term care home application

## How can I find out more?

Please call us toll-free at 1-800-538-0520. We will be happy to provide you with more information about this program.

Learn more about us at www.ontariohealthathome.ca.