

HOME AND COMMUNITY CARE SUPPORT SERVICES

Champlain



Home First:

From hospital to home

Ontario



After a hospital stay, you can continue your recovery in the comfort and safety of your home if you receive enhanced home care services for a period of time. Home is the best place to make major decisions about future care.

We want to do everything possible to support you and your family so you can return home. From your first day in the hospital, members of your health care team begin planning the type of care you need to go home. You and your caregivers also have an important role to play in these plans.

Based on an assessment of your current health, your health care team will work with you to finalize your plan for leaving the hospital. This plan will include the services and supports you will need to return safely home.

Home and Community Support Services Champlain provides services to help you to return safely to the comfort of your own home while you make decisions regarding future care, or wait for a long-term care bed.



We can provide in-home supports and services such as:

- Visits from a Personal Support Worker to help with your personal care (e.g. dressing, bathing, eating and transferring into beds or chairs or getting to the bathroom).
- Visits from a Nurse to assist with your medical needs.
- Visits from an Occupational Therapist and/or a Physiotherapist to assist you and your caregivers to safely manage your personal care and mobility within your home.
- Visits from a Social Worker, Dietitian or Speech Pathologist as required.
- Equipment needs.
- Respite for family caregivers (in-home and day program).
- Coordination with community support agencies in your area to deliver services such as meals-on-wheels, transportation and more.



Being home can be better for you

Home and Community Support Services Champlain, together with its community partners can provide services for you based on your individual needs.

At home you will have support from caregivers, family and friends. The home care services you need to maintain your health will be provided to you when you arrive home.

Home is the best place to regain your strength and make important decisions regarding your future care.

Once you are at home, our care team will be in regular contact with you. Within two weeks of returning home, a Care Coordinator will visit you to review your in-home and community support services package and reassess your health.

Meanwhile, your Care Coordinator is in regular contact with the people providing your care in your home.

If you have questions about returning home, please contact a member of your health care team.

Assisted Living Services for High Risk Seniors are also available through Home and Community Support Services to meet the needs of high risk seniors who can live at home but require the availability of personal support and/or homemaking services throughout a 24-hour period, seven days a week.

These services could include 24-hour on call response; security checks or reassurance services; 24-hour prescheduled and unscheduled visits, and care coordination.

About Us

If you, or someone you care about, needs health care services at home, at school or in the community, or if you are considering supported living programs or long-term care options, home and community care at Home and Community Support Services Champlain can help.

Home and Community Support Services Champlain works with people of all ages to ensure they can make informed choices about their care, when and where they need it.

We also have useful information about local community support service agencies, and can link people to these providers to arrange services.

You can explore your care and support options through our website at **www.healthcareathome.ca**, or contact us at **613-310-2222** or **1-800-538-0520**.

For additional information on community services and educational resources please go to: **www.champlainhealthline.ca**.

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