

# **Total Contact Casting**

## Diabetic Foot ulcers? Fast effective healing is available

### Why use Total Contact Casting?

When people have wounds on the bottoms of their feet, healing can be delayed by the day-to-day pressures caused by standing and walking. Total Contact Casting eliminates those pressures by evenly redistributing your weight across the entire foot area.

As a result, healing time is reduced to a matter of weeks, compared to many months and sometimes years using conventional dressings. Moreover, the risk of complications, including life-threatening infections and amputations, is greatly reduced.

#### Why healing is so important

Foot ulcers are the most serious of all diabetesrelated complications. Foot ulcers reportedly precede lower leg amputations in up to 85% of cases.

Foot ulcers are very common in patients with diabetes. This is caused, in part, by the absence of pain that results from diabetes-related nerve damage. Patients are often unaware of the problems until the resulting ulcers are severe and require special treatment.

Reducing pressure on the wound by "off-loading" weight has proven to be a highly effective treatment for diabetic foot ulcers.

This "Gold Standard" of diabetic foot ulcer care is now available at no cost to eligible patients.

Ask your care provider for details or call us at 1-888-447-4468.

- The results can be remarkable.
- Healing is evident in as little as six weeks.
- The casting process is simple and is minimally disruptive to patients' daily activities.
- Casting therapy is available at no cost to eligible patients who have diabetic foot ulcers.
- Total Contact Casting promotes rapid healing and greatly reduces the risk of amputation.



## **Contact Information**

If you have any questions regarding this service, please contact: **310-2222 • ontariohealthathome.ca**