

Palliative Care SBAR Communication Tool for Nurses

Situation

PPS:		I am:	I am calling about the following
ESAS:		patient:	
Symptom	Score	Age:	Gender:
Pain		The problem I am calling about:	
Tired			
Nausea			
Depressed			
Anxious			
Drowsy			
Appetite			
Well-being			
Shortness of breath			

Background	Allergies	
Diagnosis:	Symptoms	Current medications
History of illness-related factors:		

Assessment	
Onset	O
Provoking	P
Quality	Q
Region/Radiation	R
Severity	S
Treatment	T
Understanding/Impact on you	U
Values	V

Recommendations I recommend.../my thoughts are.../I wonder if...?

Can you please visit to assess?

Adapted from the Fraser Health Hospice SBAR Communication Tool by the Southeastern Ontario Palliative Pain & Symptom Management Consultation Service, October 2010.