



Palliative Care SBAR Communication Tool for Nurses

Situation

PPS:

ESAS:

Symptom	Score
Pain	
Tired	
Nausea	
Depressed	
Anxious	
Drowsy	
Appetite	
Well-being	
Shortness of breath	

I am:

I am calling about the following

patient:

Age:

Gender:

The problem I am calling about:

Background

Diagnosis:

History of illness-related factors:

Allergies

Symptoms

Current medications

Assessment

Onset

Provoking

Quality

Region/Radiation

Severity

Treatment

Understanding/Impact on you

Values

O

P

Q

R

S

T

U

V

Recommendations

I recommend.../my thoughts are.../I wonder if...?

Can you please visit to assess?

Adapted from the Fraser Health Hospice SBAR Communication Tool by the Southeastern Ontario Palliative Pain & Symptom Management Consultation Service, October 2010.