

# **Palliative Care Nurse Practitioner Referral Criteria Fact Sheet**

### **Our Palliative Care Nurse Practitioners**

- Provide support to the primary care team and specialist providers to address complex palliative care needs and increase capacity within the region to provide palliative and end of life care
- Provide shared care with the most responsible provider (MRP)
- Provide face to face patient assessments in home, physician office and/or hospital
- Assist with complex or refractory pain and symptom management (e.g. pain, nausea, dyspnea, anxiety)
- Assist with complex or refractory psychosocial needs of patients and their family during life transitions
- Able to prescribe all medications related to a patient's palliative needs, including opioids
- Develop goals of care and/or end of life planning
- Provide strategies to reduce ED visits or hospitalizations
- Assist with complex hospital discharges or other transitions
- Rapid/Crisis Response—Extended Hours 9am-9pm Mon-Fri and 9am-5pm Saturdays

## **Eligibility Criteria**

• Patients with palliative care needs regardless of diagnosis and prognosis, patient can be on community or palliative caseload

#### **How to Refer**

- Any healthcare provider can refer to a Palliative Care Nurse Practitioner
- Contact patient's Care Coordinator or call (905) 855-9090
- Or fax the Palliative Care Services and Palliative Care Nurse Practitioner Referral form to (905) 855-8989

### **Who Are our Palliative Care Practitioners**

Demetra Koutroumbas	416.938.3623	East Mississauga West, Central & South, Milton West
Anna Lambie	647.393.1548	South Etobicoke, East Mississauga North & East, Halton Hills South, Milton North
Angela Lee	647.403.2535	Oakville, South West Mississauga, Milton East & South
Vivien Li	905.601.4047	North West Mississauga, Halton Hills East & North
Janany Nemallan	905.699.3998	Milton East
Mark Raqueno	905.484.3708	Halton Hills East & West

