## Inpatient Rehabilitative Care: The Next Step in Your Recovery

Inpatient rehabilitative care is the next step in your recovery. It will help you work towards regaining your strength and independence. It will also help you with returning to your usual activities as much as possible.

There are different kinds of inpatient rehabilitative care. Your health care team is recommending the following for you:

## **Complex Medical Management or Chronic Ventilator / Respiratory Program**

- For people who have longer-term illnesses or disabilities and needmore medical/nursing care.
- Focuses on helping you keep the strength and movement you have and gradually increasing the amount of activity you can do.

## The Complex Medical Management Program is a program available at the following locations:

- Grand River Hospital Freeport Campus in Kitchener (the Chronic Ventilator / Respiratory Program is only available at the Freeport Campus)
- St. Joseph's Health Centre in Guelph

You will be notified by hospital staff when a bed becomes available for you. The first available bed may be at any of the locations listed above.

If you will be at the Complex Medical Management of the Chronic Ventilator / Respiratory Program for the foreseeable future, a co-payment may be applied. Please note, your care needs will continue to be assessed and if your needs change, the plan may also change.

Once you are at the inpatient rehabilitation program, your health care team will talk to you about how long your stay may be. Your rehabilitation may also continue after you leave the program.

Other information you need:

Do you have any questions? Please ask a member of your care team.













