The Integrated Assisted Living Program assists eligible seniors in the following neighbourhoods:

## Cambridge

Lang's Drive / Eagle Street

# Guelph

Village by the Arboretum

Waterloo Avenue

Woodlawn Road

**Woolwich Street** 

### Kitchener

Franklin Street

Margaret Avenue / Queen Street Wilson Avenue / Fourth Avenue

Eastern Township of Southgate

## Waterloo

Allen Street / William Street

**Wellington County North** 

# Home and Community Care Support Services Waterloo Wellington

Local: 519-748-2222

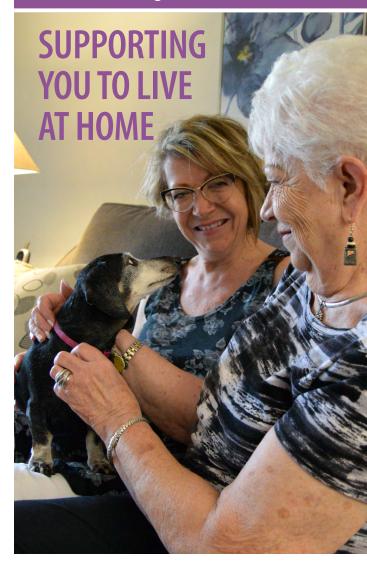
Toll-Free: 1-888-883-3313

Website: healthcareathome.ca/ww

Email: waterloowellington@hccontario.ca



HOME AND COMMUNITY CARE SUPPORT SERVICES
Waterloo Wellington



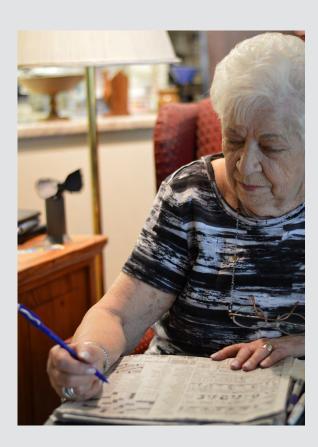
The Integrated Assisted Living Program for Seniors



#### **SUPPORTING YOUR INDEPENDENCE**

The Integrated Assisted Living Program for seniors will help you live independently at home with the support you need.

- A care coordinator can connect you to the help you need for personal care and everyday tasks.
- If you are returning home following a hospital stay, a care coordinator can also help you get the personal care and community support you need.
- There is no cost to you for the personal support services that are arranged through Home and Community Care Support Services Waterloo Wellington.











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#### **YOUR CARE AT HOME**

#### **Personal Care**

We can connect you to round-the-clock help for:

- · Bathing and dressing
- Help with toileting, incontinence care
- Medication reminders
- Assistance with falls
- Help with meals
- Wellness checks

## **Recreation & Activity**

We will connect you with recreation and fitness programs suitable for older adults. This will help you to stay active and connected to the community.

## **Personal Response System**

We can help you to feel safer in your home. At the touch of a button, the personal response system gives you access to help 24 hours a day, 7 days a week.

