

Centralized Diabetes Intake

Patient Information Sheet

The Centralized Diabetes Intake is a streamlined and integrated referral service for people living with or at risk of developing diabetes.

Centralized Diabetes Intake (CDI) is provided by Ontario Health atHome to link patients living with or at risk of developing diabetes to Diabetes Education Programs (DEP) or the Central East Centre for Complex Diabetes Care (CCDC).

The CDI Care Coordinator will determine the need for DEP or CCDC services. Together, the patient and care coordinator choose the most appropriate location for these diabetes services.

CDI offers access as appropriate to:

- Diabetes Education Programs
- Centre for Complex Diabetes Care
- Central East Regional Cardiovascular Rehabilitation & Secondary Prevention Program
- Ontario Health atHome services
- Community Support Services (i.e. Meals on Wheels)
- Health Care Connect (for those who are not connected with a Primary Care Provider)
- The Central East Self-Management Program

If a patient is seen at a DEP, they will have access to:

- Basic-intermediate level diabetes education services for people living with diabetes or prediabetes
- Group classes or individual counseling
- Education on self-managing their diabetes and preventing/delaying the onset of diabetes-related complications
- Diabetes Education Teams consisting of one nurse and one dietitian

If a patient is referred to the CCDC, they will have access to:

- Support for patients 18 years of age or older living with Type 1 or Type 2 diabetes who have complex needs
- An inter-professional team consisting of nurse practitioners, dietitians, social workers, nurses, and pharmacists
- Regular updates provided to the referring physician/nurse practitioner
- Transition/discharge planning in collaboration with Primary Care Provider and Diabetes Education Program will occur once case management and self-management goals are met

How to Access Centralized Diabetes Intake:

If you are a health care provider, please complete the Centralized Diabetes Intake Referral Form, found on the Ontario Health atHome website.

ontariohealthathome.ca

Fax the completed form to: 905-444-2544 or 1-844-731-2161.

Patients, caregivers or health service providers can call 1-888-997-9996 to be connected with an Ontario Health atHome Care Coordinator who will facilitate the referral.

Centralized Diabetes Intake

Telephone: 1-888-997-9996

Fax: 905-444-2544

Toll Free Fax: 1-844-731-2161

Participating Diabetes Education Programs

Durham

Brock Community Health Centre
Charles H. Best Diabetes Centre
Lakeridge Health, Ajax-Pickering, Bowmanville, Port Perry, and Whitby
Markham Stouffville Hospital, Uxbridge
Carea Community Health Centre

Scarborough

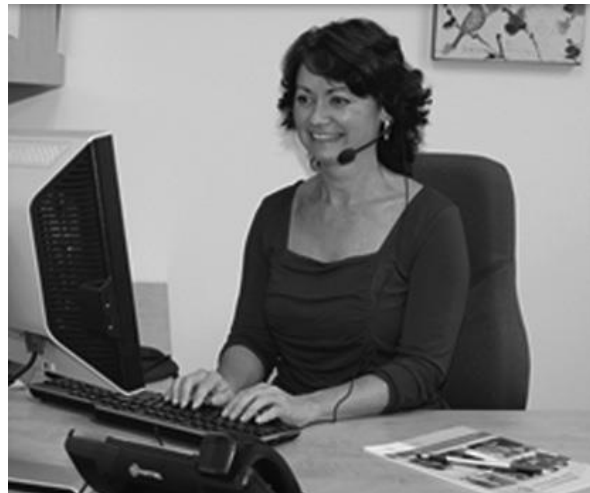
Carefirst Seniors & Community Services Association
Scarborough Centre for Healthy Communities
TAIBU Community Health Centre
Scarborough and Rouge Hospital - Centenary, Birchmount and General Sites

North East

Campbellford Memorial Hospital
Haliburton Highlands Health Services
Port Hope Community Health Centre
Ross Memorial Hospital
Peterborough Regional Health Centre

Central East CCDC Care Delivery Sites

Lakeridge Health Whitby
Peterborough Regional Health Centre
Scarborough and Rouge Hospital, General Campus



Centralized Diabetes Intake is an integrated, patient-centered approach for access to diabetes care and education, supporting improved care for patients living with diabetes.

Contact Information

If you have any questions regarding this service, please contact: **310-2222** • ontariohealthathome.ca