

**For Access to Diabetes Education Programs and the Centre for Complex Diabetes Care**  
**Phone: 1-888-997-9996 Fax: 1-905-444-2544 Toll Free Fax: 1-844-731-2161**

Referral forms can be found at: <http://healthcareathome.ca/centraleast/en>

## Patient Information

Name: \_\_\_\_\_ Gender: \_\_\_\_\_ DOB (dd/mm/yy): \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Date patient informed of referral: \_\_\_\_\_ Health Card Number: \_\_\_\_\_  
Daytime Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_  
Primary language spoken: \_\_\_\_\_ Translation required:  Yes  No  
Primary Care Provider: \_\_\_\_\_ Primary Care Provider contact: \_\_\_\_\_  
Diabetes Specialist or Endocrinologist\* \_\_\_\_\_ Diabetes Specialist contact: \_\_\_\_\_

## Diabetes-Related Health Information and Reason for Referral

*(To enable us to determine the appropriate program, as well as urgency for assessment, please fill out as completely as possible)*

**Type of diabetes:** Type 1  new  established Type 2  new  established  Pre-diabetes If pregnant:  Type 1  Type 2  GDM  
Due Date (dd/mm/yy): \_\_\_\_\_

**Comorbidities:**  later stages of kidney disease or renal failure  neurological conditions such as stroke, progressive neuropathy  
 recurrent cardiac conditions such as congestive heart failure, myocardial infarct, angina  
 retinopathy or vision threatened  mental health/cognitive concerns  
 uncontrolled hypertension  obesity

**Other Issues:**  recent repeated hospital admissions that may benefit from specialized out-patient follow-up  
 recent repeated emergency room visits that may benefit from specialized out-patient follow-up  
 other barriers (e.g.: financial, frail elderly, mobility, etc.): \_\_\_\_\_

Reason for referral: \_\_\_\_\_

<input type="checkbox"/> BG 15-20 mmol/L	<input type="checkbox"/> BG >20 mmol/L	<input type="checkbox"/> A crisis that drastically affects the individual's ability to manage their diabetes
<input type="checkbox"/> Recent treatment for DKA / HHS	<input type="checkbox"/> Severe hypoglycemia	<input type="checkbox"/> Education
<input type="checkbox"/> A1C 8.5 – 10%	<input type="checkbox"/> A1C > 10%	<input type="checkbox"/> Recent discharge from hospital/ER related to diabetes
<input type="checkbox"/> Insulin initiation / GLP1 initiation	<input type="checkbox"/> Change in Insulin regimen	<input type="checkbox"/> Inpatient, admitted related to diabetes
<input type="checkbox"/> Pre-pregnancy counselling	<input type="checkbox"/> Insulin Pump therapy	Expected date of discharge: _____

\*Please note that if your patient requires a referral to an endocrinologist, referral must be initiated by MD.

**Medication:** Please attach current medications or list here:

## Relevant Medical History

### Laboratory Tests:

Most recent blood work, including A1C completed within the last 3 months **must be attached**. Creatinine, lipid profile, ACR and any other additional blood work would also be helpful.

### Relevant Diagnostic Tests:

Please attach relevant test reports.

Referred by: \_\_\_\_\_ Contact phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Signature: \_\_\_\_\_ Referral date (dd/mm/yy): \_\_\_\_\_