Ontario Health atHome

Short stay visit, long-term care home

Information sheet

If you have received information directly from the long-term care home where you are staying, please use in conjunction with this information.

Admission day

Check in time varies from home to home. It is usually from 10:00am to 11:00am.

Please contact the individual home for exact directions. If you cannot arrive at the specified times, please notify the home immediately to make alternative arrangements.

It will take approximately one hour to complete your paperwork. Please have your friend or family member plan to stay with you until your check- in is complete.

What to bring with you

Here is a list of items you may wish to bring for your stay;

- List of emergency contacts
- Current health card
- All the medications you are currently taking in the original labeled containers (you will need to contact the home to confirm their individual policy around medication distribution and storage)
- Slippers, housecoat, and nightclothes (2-3 sets, or relative to length of stay)
- Clothing that is machine washable (5-6 complete outfits, or relative to length of stay)
- Toiletries and personal items (generic toiletries will be provided if you wish)
- Your cane, walker or wheelchair, if needed
- Glasses, dentures, and hearing aids
- A favourite blanket, pillow or throw, and maybe a special photo

Please label all personal items.

What not to bring

- Large amounts of cash. $20 is usually enough
- Valuable jewelry, figurines, etc.
- Food or alcoholic beverages unless you have checked with the staff first.

Discharge day

Most homes have a discharge time between 10:00 am and 11:00 am. Check times at individual homes and plan accordingly.

Questions to ask the long-term care home

Before you go for your stay, you will need to contact the home to ask the following questions:

- What is the home's medication dispensing policy and are there any costs for dispensing?

- What is the home's policy for payment (when will they require you to make payment)?
- What special services can the home provide for you, that you may need and what are the fees (i.e., cable, hairdressing)?
- If you are a smoker, ask about their smoking policy (all long-term care homes are smoke free by law).

Concerns about the long-term care home

If there is something bothering you about the home, talk to the Administrator or Director of Care, or call the Long-Term Care ACTION Line at (toll-free) 1-866-464 0144.

Contact Information

If you have any questions regarding this service, please contact: **1-833-515-1234** • **ontariohealthathome.ca**