

Centralized Diabetes Intake

Patient Information Sheet

Provided by Ontario Health atHome, Centralized Diabetes Intake links patients living with or at risk of developing diabetes to diabetes education programs or the Central East Centre for Complex Diabetes Care.

The Centralized Diabetes Intake care coordinator will determine whether the patient needs a diabetes education program or services from the Centre for Complex Diabetes Care and will work with the patient to choose the most appropriate location for the selected services.

Centralized Diabetes Intake offers eligible patients access to:

- Diabetes education programs
- Centre for Complex Diabetes Care
- Central East Regional Cardiovascular Rehabilitation and Secondary Prevention Program
- Ontario Health atHome services
- Community support services (i.e. Meals on Wheels)
- Health Care Connect (for patients who don't have a primary care provider)
- Self-Management Program Central East

Centralized Diabetes Intake Contact Information

Telephone: 1-888-997-9996

Fax: 905-444-2544

Toll-Free Fax: 1-844-731-2161

At diabetes education programs, patients have access to:

- Basic/intermediate level diabetes education services for people living with diabetes or prediabetes
- Group classes or individual counseling
- Education on self-managing their diabetes and preventing/delaying the onset of diabetes-related complications
- Diabetes Education Teams consisting of a nurse and a dietitian

Participating Diabetes Education Programs:

Durham

Brock Community Health Centre
Charles H. Best Diabetes Centre
Lakeridge Health – Ajax-Pickering, Bowmanville, and Whitby sites
Durham Community Health Centre

Scarborough

Carefirst Seniors and Community Services Association
Scarborough Centre for Healthy Communities
TAIBU Community Health Centre
Scarborough Health Network – Centenary and General sites

North East

Campbellford Memorial Hospital
Haliburton Highlands Health Services
Community Health Centres of Northumberland
Ross Memorial Hospital
Peterborough Regional Health Centre

At the Central East Centre for Complex Diabetes Care, patients have access to:

- An inter-professional team consisting of nurse practitioners, dietitians, social workers, nurses, and pharmacists
- Regular updates provided to the referring physician/nurse practitioner
- Transition/discharge planning in collaboration with the patient's primary care provider and diabetes education program (once case management and self-management goals are met)

Note: Central East Centre for Complex Diabetes Care supports patients 18 years of age or older living with Type 1 or Type 2 diabetes who have complex needs.

Central East Centre for Complex Diabetes Care Delivery Sites:

Lakeridge Health – Whitby Hospital
Peterborough Regional Health Centre
Scarborough Health Network – General Hospital

How to access Centralized Diabetes Intake

Health care providers can complete the Centralized Diabetes Intake Referral Form on the Ontario Health atHome website (ontariohealthathome.ca), and fax it to 905-444-2544 or 1-844-731-2161.

Patients, caregivers or health service providers can call 1-888-997-9996 to be connected with an Ontario Health atHome care coordinator.

