

# Social Work

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## How we can help

If you are suffering from an acute or chronic illness, coping with disability, or experiencing the effects of aging and loneliness, you may also be struggling mentally and emotionally. Families and caregivers can be equally affected. Our social workers are regulated health professionals who offer much more than simply someone to talk to – they play a key role in a patient's circle of care.

## What you can expect

If your Care Coordinator feels that you might benefit from meeting with a social worker, you will be contacted for an assessment. Together, you and your Social Worker will develop therapeutic treatment goals specific to your needs, and agree to a counselling schedule.

Your Social Worker will monitor and assess your progress, and provide education and counsel to you and your family members and caregivers.

Social work is typically a short-term service. If necessary, social workers will refer you to other support services in your community upon discharge from their care.



## Am I eligible?

You must be a resident of Ontario with a valid Ontario Health Card.

## Contact Information

If you have any questions regarding this service, please contact: **1-833-515-1234**  
**ontariohealthathome.ca**