Ontario Health atHome

Hip and Knee Replacement Rehabilitation

CarePartners Physiotherapy Care Centre

You've been referred to the Physiotherapy Care Centre to support your recovery from a total joint replacement. You will have access to highly qualified physiotherapists and physiotherapist assistants who will help you optimize your recovery. **There is no cost to you for your physiotherapy**.

Benefits of physiotherapy for a hip or knee replacement:

- An individualized care plan and assessments at every visit
- A combination of individual and group physiotherapy sessions
- Access to specialized equipment
- An opportunity to connect with other patients in the community with joint replacements
- A customized home exercise program to support your recovery

How to schedule your appointment:

Please call the Physiotherapy Care Centre to schedule your first appointment.

Call to book your appointment: 519-804-1154

How to prepare for your first appointment:

- Please arrive 10 minutes before your physiotherapy session
- Wear comfortable clothing such as track pants or shorts
- Bring supportive footwear
- Bring your knee/hip replacement surgery package to your appointment
- Bring a list of all your current medications

CarePartners Physiotherapy Services

Our team of registered health professionals provides patient-oriented care focusing on each patient's individual needs after total joint replacement surgery. Our experienced, focused and friendly team of registered physiotherapists and physiotherapy assistants are continually updating their skills in hip and knee rehabilitation to provide quality services.

In Kitchener-Waterloo, total joint replacement rehabilitation is offered by Ontario Health atHome in partnership with CarePartners at the Physiotherapy Care Centre.

CarePartners provides an array of health care services to support all populations in the community. With compassion, they deliver the highest standard of quality care to over 70,000 patients across Ontario.

CarePartners

Physiotherapy Care Centre
490 Dutton Drive, Building A
Waterloo, ON N2L 6H5
519-804-1154
Website: www.carepartners.ca

Contact Information

If you have any questions regarding this service, please contact: **1-833-515-1234** • **ontariohealthathome.ca**